

A quick note.... The following menus are sample menus based on what we normally serve, they are quite up to date, however we are always changing menu items and they may evolve over time, so they are intended as a guide to your visit.

The Pelham Arms sample weekday lunch menu – Summer 2022

Be sure to check our specials board!

Before you order your food or drinks, please tell a member of staff if you have food allergies or intolerances.

Relax & enjoy your company - we cook your food to order using flames and ovens, not microwaves. This takes longer than your average pub - please allow up to 30 minutes for a main meal unless told otherwise.

v = Vegetarian, vo = Vegan option & gfo = Gluten free option - please tell us!

LUNCHES

- > Chicken shawarma on our flatbread, tzatziki, sweet pickled chilli, pickled onion, tossed leaves - £9.50
- > Citrus cured salmon on our flatbread, dill crème fraiche, fennel ceviche, tossed leaves - £10.50
- > Broadbean & chickpea falafel on flatbread, coconut tahini dressing, pickled chilli, pickled onion, tossed leaves - £9.50
- > Plant based mezze - hummus, olives, sundried tomatoes, piccalilli, Flint Owl bakery bread – £11.50 gfo/vo
- > Terrine + cheese - today's terrine, Coastal Sussex Cheddar, piccalilli, Flint Owl bakery bread – £11.50 gfo
- > Crispy fresh fish finger bun - tartare sauce, shredded lettuce, chips or salad - £11.50
- > Chicken royal - Buttermilk crispy chicken thigh, cheese, mayo, red onion, tomato, lettuce, chips or salad - £10.50
- > Brisket burger - single patty, cheese, burger sauce & tomato relish, chips or salad - £11.50 gfo
- > Spiced bean burger patty - chipotle aioli, pico de gallo, cheese, chips or salad - £ 11.50 vo
- > Fish & chips - fresh fish delivered daily, blitzed peas, homemade tartare sauce & house fries - £16.50
- > Spiced red lentil & roasted cauliflower dahl, wild rice, bhaji & coconut pineapple dressing - £14.50 gfo/vo
- > Sundried tomato and basil bubble and squeak, green beans, heirloom tomato & halloumi salsa - £14 .50 gfo/v
- > Quinoa super salad, roasted beets, spinach, tahini and orange dressing: Choose either: Crispy Fu Fighters Tohu - £14 gfo/vo or Halloumi - £14.50 gfo/v or crispy fried chicken - £15.50 or Broad bean & chickpea falafel gfo/vo - £14

Kids – For under 12s. All £8

- > Choose from either beef or chicken burger, Tohu burger, or fish & chips these can all be child size

Puddings

- > English strawberry and white chocolate cheesecake, aerated white chocolate, strawberry coulis - £7 v
- > Date sticky toffee pudding, toffee sauce, Latchett's Farm vanilla ice cream - £7 v/gfo
- > Key lime pie, lime curd - £7 vo
- > Mango rice pudding, mango and lime salsa, mango puree - £7 vo/gfo
- > Latchett's Farm ice cream, choice of flavours, please ask your server, two scoops - £5
- > Cheeseboard – 3 British cheeses, chutney, crackers £12

Praise or constructive criticism? We are all ears, email manager@thepelhamarms.co.uk Follow us on Instagram or Twitter or Facebook @pelhamarmslewes tag us in your photos!

The Pelham Arms sample menu, evenings & Saturdays – Summer 2022

Please also check the specials board!

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Boards – To share or enjoy all to yourself. All boards served with pickles, chutney & our focaccia

- > Meat - selection of “Curing Rebels” charcuterie - £16 gfo
- > Cheese – selection of British cheese - £16 gfo
- > Plant based – roasted chickpeas, house hummus, olives, roasted baby artichokes, stuffed peppers & sundried tomatoes - £15 gfo/vo

Small plates

- > Citrus cured salmon, dill crème fraiche, dressed leaves - £8 gfo
- > Broad bean & chickpea falafel, coconut & orange dressing - £6 vo & gfo
- > Homemade slaw - £5 vo/gfo
- > Fu Fighters Tohu loaded fries - Korean pulled celeriac, pickled slaw, gochujang mayo - £9 vo & gfo
- > Cauliflower poppers - crispy cauliflower, Sriracha hot sauce & peanut dressing - £7.50 vo/gfo
- > Seasoned tater tots, cheese sauce - £5 gfo
- > Beer battered onion rings - £5 v
- > Frickles - deep fried dill pickles, chipotle mayo - £6.50 v

Plates

- > Fish & chips - fresh fish delivered daily, blitzed peas, homemade tartare sauce & house fries - £17
- > 8oz rump steak - served rare, tossed leaves, chimichurri & house fries - £20 gfo
- > Crispy pulled & rolled salt marsh lamb shoulder, harrisa roasted vegetables, tzatziki, garlic oil - £18
- > Spiced red lentil & roasted cauliflower dahl, wild rice, bhaji & coconut pineapple dressing - £14.50 gfo/vo
- > Sundried tomato and basil bubble and squeak, green beans, heirloom tomato & halloumi salsa - £14 .50 gfo/v
- > Quinoa super salad, roasted beets, spinach, tahini and orange dressing: Choose either: Crispy Fu Fighters Tohu - £14 gfo/vo or Halloumi - £14.50 gfo/v or crispy fried chicken - £15.50 or Broad bean & chickpea falafel gfo/vo - £14

Burgers – big and messy, all house made, go on they are worth it, all £16.50 each

All served with house chips, dill pickles on a Flint Owl Bakery bun

- > Brisket burger - double hand ground 4oz patties, cheese, bacon, burger sauce & tomato relish – gfo
- > Buffalo chicken burger - crispy buttermilk free-range chicken thigh, buffalo hot sauce & blue cheese mayo
- > Oklahoma smash - double hand ground patties smashed over onions, American cheese, barbeque mustard - gfo
- > Tohu burger – “Fu Fighters” crispy Tohu , Korean pulled celeriac, pickled slaw, gochujang mayo – gfo/vo
- > Spiced bean burger pattie – chipotle mayo, pico de gallo, cheese vo

Kids – For under 12s. All £8

- > Choose from either beef or chicken burger, Tohu burger, fish & chips or chickpea dhal, these can all be child size

Puddings

- > English strawberry and white chocolate cheesecake, aerated white chocolate, strawberry coulis - £7 v
- > Date sticky toffee pudding, toffee sauce, Latchett’s Farm vanilla ice cream - £7 v/gfo
- > Key lime pie, lime curd - £7 vo
- > Mango rice pudding, mango and lime salsa, mango puree - £7 vo/gfo
- > Latchett’s Farm ice cream, choice of flavours, please ask your server, two scoops - £5
- > Cheeseboard – 3 British cheeses, chutney, crackers £12

The Pelham Arms Sunday sample menu

Before you order your food or drinks, please tell a member of staff if you have food allergies or intolerances

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Mains

- > Holmansbridge farm topside of beef - horseradish, roast potatoes, seasonal vegetables, real Yorkshire pudding & gravy - £17 **gfo**
- > 10 hours slow roast rolled shoulder of Plantation Pig's pork - apple sauce, roast potatoes, seasonal vegetables real Yorkshire pudding & gravy - £16 **gfo**
- > Free-range Sussex chicken - roast potatoes, seasonal vegetables, real Yorkshire pudding & gravy - £16 **gfo**
- > Roasted butternut squash, chickpea, spinach, chive and coastal cheddar wellington - roast potatoes, seasonal vegetables, real Yorkshire pudding & onion gravy - £15 **vo**
- > Steak & brisket burger – double hand ground patty's, cheese, bacon, burger sauce, tomato relish, house chips, & pickles - £16.50 **gfo**
- > Spiced bean burger pattie – chipotle mayo, pico de gallo, cheese £16.50 **vo**
- > 8oz rump steak - served rare, tossed leaves, chimichurri & house fries - £22 **gfo**
- > Fish & chips - fresh fish daily, beer battered, blitzed peas, tartare, house chips - £16.50
- > Buffalo chicken burger - crispy buttermilk free-range chicken thigh, buffalo hot sauce & blue cheese mayo, house fries and dill pickles - £16.50
- > Spiced red lentil & roasted cauliflower dahl, wild rice, bhaji & coconut pineapple dressing - £14.50 **gfo/vo**

Boards – to share or enjoy all to yourself

All boards served with pickles, chutney & bread

- > Cheese – selection of British cheese - £14 **gfo**
- > Plant based – roasted chickpeas, house hummus, olives, roasted baby artichokes, stuffed peppers & sun-dried tomatoes - £15 **gfo & vo**
- > Meat - selection of "Curing Rebels" charcuterie - £16 **gfo**

Children For under 12's

Single patty beef burger, Tohu burger, chicken burger, Fish and chips or a roast dinner can all be made child sized £8

Puddings

- > English strawberry and white chocolate cheesecake, aerated white chocolate, strawberry coulis - £7 **v**
- > Date sticky toffee pudding, toffee sauce, Latchett's Farm vanilla ice cream - £7 **v/gfo**
- > Key lime pie, lime curd - £7 **vo**
- > Mango rice pudding, mango and lime salsa, mango puree - £7 **vo/gfo**
- > Latchett's Farm ice cream, two scoops, choice of flavours and please ask your server - £5 **v/gfo**
- > Cheeseboard – 3 British cheeses, chutney & crackers - £10

Comments? We are all ears, whether its praise or constructive criticism, please speak to the manager, ask for a comment card, or go straight to the top and email andrew@thepelhamarms.co.uk **Follow us on Twitter or Instagram @PelhamArmsLewes**